

CHAMBER TUESDAY NEWSDAY

The Greater Franklin County Chamber of Commerce Member E-Newsletter

SEPTEMBER 2ND, 2025

2025 Board Officers:

President- Terry Carr
H-D-CAL Schools

Vice President- Rebekah Ault
Franklin General Hospital

Treasurer- Eric Reicherts
First Bank Hampton

Past President- Dale Schirmer
Cast LLC

2025 Board Members:

Kent Mollenbeck
Staley Real Estate

Jerre Grefe
First and Second Vintage

Taylor Kolb
Seabee Cylinders

Catherine Crooks
City of Latimer

Ashley Francis
City of Sheffield

Sue Followwill
Individual Member

Holly Narber
State Farm Insurance

Kayleigh Bass
First Security Bank & Trust

Tourism President-Ned Parker

Mission Statement
Working together by supporting
and encouraging growth in the
downtown district and beyond.

CHAMBER QUARTERLY COFFEE

8AM- FRIDAY, SEPT. 5TH

**HOSTED BY:
FIRST SECURITY BANK & TRUST**

OPEN TO THE PUBLIC,
WE HOPE TO SEE YOU THERE!



the Chamber
Greater Franklin County,
hamptoniowa.org



**WINDSOR
THEATRE**

**LIGHT OF
THE WORLD**

Sept. 5-11

Showtimes:
Fri, Sat, Thurs 7pm
Wed & Sun 1pm & 7pm

Ticket Prices:
Youth- \$4 Adults- \$6
Senior Sundays- \$4 Thursdays- All \$4

WE'RE HIRING

ADMINISTRATIVE ASSISTANT

REQUIREMENTS:

- ✓ 22 hours per week
Monday-Friday between
the hours of 9-4
- ✓ Microsoft Office Programs
- ✓ Occasional Nights and
weekends will be
required for events.
- ✓ Ability to Multi-Task

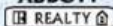
RESPONSIBILITIES:

- ✓ Be a friendly face for the
Chamber and FCOA
- ✓ Managing Social Media
pages
- ✓ Office cleaning and
organizing



SEND YOUR RESUME TO: Elisa Van Wert - director@hamptoniowa.org

ABBOTT



7 1st Ave. N.E. Hampton, IA 50441
www.hamptoniowarealestate.com
Office: 641-456-4707
Cell: 641-430-3821
Fax: 641-456-5643
Email: Kathy@abbottrealty.us

Kathy Plendl, Broker

Member of national, state & local Assoc. of Realtors, and MLS



CHAMBER BUCKS

**Support Franklin County Businesses
& Shop Local**

**AVAILABLE IN
\$5, \$10, \$20, \$25 INCREMENTS**

STOP INTO CENTER 1 TO PURCHASE

5 1st Street SW Hampton, IA 50445-5600



We're here for your family's healthcare needs!

In search of a new healthcare provider for yourself or your family? Our ReDoc Program makes it simple to switch!

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IOWA SPECIALTY HOSPITAL
Hampton Clinic
 720 2nd St SE, Ste 101
 Hampton, IA 50441

Scan here to get started!

www.IowaSpecialtyHospital.com 888-258-0078

Krukow Real Estate

515 Central Ave West, Hampton, IA 50441 | 641-456-3883

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Contact me.
 Brad Scheideman CFP®, ChFC, CLU, RICP, LUTCF, MS®
 Financial Advisor
 641-456-4106
bscheideman@fi.newyorklife.com

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www.radioonthe90.com

ON THE GO DIGITAL

SHOW US YOUR BEST SHOT!!

Franklin County Iowa Tourism 2025 PHOTO CONTEST

FREE TO ENTER!!

Have fun this summer taking photos around Franklin County and enter them in our photo contest showing others what makes **Franklin County special!!**

Each photographer can enter up to a total of 3 framed 8 x 10 photos for contest.

3 Categories: HISTORY, EVENTS, AND NATURE

Prizes given for 1st, 2nd, and 3rd place in each category!!

One PEOPLE'S CHOICE AWARD in each category!!

Vote at Center One or on Facebook.

Winning Photos will be announced on November 29th during the LIGHT UP THE NIGHT event at Bandshell Park in Hampton.

All entries will be on display at the Franklin County Center One office in Hampton upon being received and throughout the year until next year's contest begins.

Participating Sponsors are:
 First Bank-Hampton HISTORY
 Butch Gruelke Auto Body, Inc. EVENT/ACTIVITY
 Christensen Jewelry, Inc. NATURE

Top 3 entries for each category will be on display at the participating sponsoring business the month of December after announced.

Entries accepted July 1st – October 31st

To learn more about the photo contest and how to enter, scan the QR code or visit Franklin County Iowa Tourism on Facebook.

FHJ Franklin Wellness Hospital
 AUXILIARY

Mum Sale

Wednesday, Sept. 3

10:00am – 1pm, or until gone

Franklin Wellness Center – South Lawn
 (If raining, sale will be inside the Franklin Wellness Center)

1 for \$20 – 2 for \$38

Proceeds support the FGH Auxiliary Scholarship Fund

Latimer Farmers Market

September 4th
 September 25th
 October 9th

Latimer City Hall (200 N Akir St) | 4:00pm to 6:00pm

Food Trucks On-Site

Leahy Grove Independent & Assisted Living

Join us as we celebrate **National Assisted Living Week** with delicious food trucks on-site:

- Sept 8th from 11:00 am – 5:00 pm
Gettin Toasted Food Truck
- Sept. 10th from 11:00 am – 5:00 pm
Mama Dee's Food Truck
- Stop by to eat, connect, & celebrate the week's theme of **Ageless Adventure** with us

Join us for week of delicious food & celebration!

Leahy Grove
 Independent & Assisted Living
 800 2nd Street SE • Hampton, Iowa 50441

Schedule your student's annual physical

Franklin Medical Center clinics
in Hampton and Latimer

We will:

- Evaluate overall health
- Update any needed immunizations
- Answer questions
- Complete any forms needed

An annual visit to your health care provider is as important for children and teens as it is for you. **Call FGH today** to schedule an appointment for your student.

Hampton Clinic: 641.456.5065
Latimer Clinic: 641.579.6340



Words on Wellness Live

Words on Wellness

Sleep for a Healthy Life



Getting good sleep helps your body stay strong and healthy. Sleep isn't just a time for rest—it's when your body heals and repairs itself. While you sleep, your body does important work: it balances hormones, helps your heart, keeps your immune system strong, and helps with memory. Keep your sleep schedule steady, and thrive.

—Dr. Robert M. Mander, M.D., Director of Sleep Medicine, University of California, San Diego

Chicken Burrito Bowl

Serving Size: 1 1/2 cups (Serves: 4)



Ingredients:

- 1 cup cooked brown rice
- 1 cup frozen corn, thawed
- 1 can (14.5 oz) no-salt-added tomato sauce
- 1 cup (1.5 oz) no-salt-added black beans, drained and rinsed
- 2 cups cooked chicken, shredded or cubed
- 1 teaspoon cumin
- 1 tablespoon mild powder
- 1/2 cup shredded cheese

Directions:

1. Cook and drain beans rice according to package directions.

Join us on September 9th at
10:00 a.m. at the Hampton Public Library

IOWA STATE UNIVERSITY
Extension and Outreach

For questions please contact us at 641-456-4871

WOODLEY

FUNERAL HOME AND CREMATORY



For life insurance call a good neighbor.

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AGENT

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Se Habla Español

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State Farm
State Farm, Home Office, Bloomington, IL



Fall Open House

Wed. Sept 10 th	10:00 a.m. – 5:00 p.m.
Thurs. Sept 11 th	10:00 a.m. – 5:00 p.m.
Fri. Sept 12 th	10:00 a.m. – 5:00 p.m.

15% off storewide during the Open House

**Bring a friend and enjoy the FGH Lobby Shoppe
Fall Open House!**

Check out our new home décor, books, food items,
and so much more!

Regular hours are: Monday-Friday 10:00 a.m. – 2:00 p.m.



Thank you for supporting your FGH Hospital Auxiliary!!



SIETSEMA FAMILY MONUMENT SALES

PATRICK SIETSEMA-OWNER
1309 4TH ST. NE
HAMPTON, IA 50441
WWW.SIETSEMAFAMILYMONUMENTS.COM
PSIETSEMA@GMAIL.COM
641.456.9177 641.373.7610

Reborn Ranch Garage Sale Have items to get rid of?

**DONATE ITEMS TO
REBORN RANCH.**



Excepting All Donations in Good Sellable Condition
Now until September 6th

**SAVE THE DATE
of the sale**

**September 12 & 13
GARAGE SALE AT THE BARN**

Drop off Tuesday & Thursday 4-6pm
Or by appointment Call Derek 641-630-2110

DROP OFF AT THE BARN FACILITY AT 1518 Hwy 65 N Hampton, Iowa

Care
Initiatives
Hospice

Hospice 101

with Care Initiatives Hospice

**Join us for an educational session about
Hospice and the services we provide!**

**September 10, 2025
6:00 p.m.**

**Hampton Public Library
4 S Federal St
Hampton, IA 50441**

Snacks and refreshments will be provided

Care Initiatives Hospice
6915 Chancellor Drive
Cedar Falls, Iowa 50613
(319) 232-6148





Join us at Rustic Brew for a cup of coffee on us and a casual conversation about our local wind farm projects.

Our team will be there to answer questions, share updates and talk about how wind-energy is shaping the future of Franklin County.

Rustic Brew Coffee Shop
117 1st St NW, Hampton, IA 50441

Every Wednesday, 9 a.m.-12 p.m.
July 2 through September 24

Drop in anytime. It's informal, friendly and all about connecting with you.

Let's connect for coffee and conversation. We hope to see you there!

Hampton Specialty Shops

Save the Date

Sept 11-13

Fall Festival

Eat Shop Fun



IHSSA



Judge Certification

September 20, 2025
Starting at 9:00AM

@Hampton-Dumont
High School Library

Cost \$10

Please contact Sam Magner at smagner@hdcsd.org with any questions. The Iowa High School Speech Association website has additional information.



CALLING ALL VENDORS!

WE WANT VENDORS FOR THE 2025 HARRIMAN-NIELSEN FALL FESTIVAL!

SUNDAY, OCTOBER 5, 1:00 - 4:00 P.M.

REGISTER BY SEPTEMBER 27. COST IS \$15

CONTACT LAELA RAGSDALE TO REGISTER
641-373-1578, LAELA@IASTATE.EDU

LIKE OUR PAGE!

WE HAD TO CREATE A NEW PAGE! FOLLOW US TO GET UPDATES ABOUT THE HARRIMAN-NIELSEN FALL FESTIVAL



FOLLOW US AT HARRIMAN-NIELSEN FALL FESTIVAL

Relay For Life of Franklin County
Saturday, September 13, 2025
11:30am-4pm

Franklin Wellness Center
1514 Central Ave E
Hampton, IA 50444



For more information contact
Lisa Rodriguez 541-512-5048
<https://relayforlife.org/franklincountyia>



FRANKLIN COUNTY COMMUNITY

Food Pantry

10-12 NOON
TUESDAY & FRIDAY

302 10th Ave. NW Hampton, IA 50443

Park at the food pantry parking lot and call 641-425-4315 and someone will come out and hand out a couple of grocery bags with food. Please let them know if you are in need of milk and eggs, the food pantry will provide a food voucher to Faresway.

Chamber Staff

Elisa Van Wert
Chamber Director

Jim Davies
Interim
Main Street Director

Ally Spohr
Communications



Office Hours:
Monday–Friday
8:00am-4:00pm



Address:
5 1st Street SW
Hampton, Iowa 50441



Phone: (641) 456-5668
Fax: (641) 456-5660



Email:
communications@hamptoniowa.org



Website:
<http://www.hamptoniowa.org>



Follow us on Facebook!
/GreaterFranklinCountyChamber
/HamptonIowa
/HamptonIowaMainStreet

Join us Monday, October 6, 2025
to Celebrate!
Activities begin @ 4:00 P.M.

Adult Tees: \$20.00
Adult Crews: \$25.00
Adult Hoodies: \$30.00
Children's \$15.00



Help Celebrate the Hampton Public Library
120 Years
Dedicated 1905



SAVE THE DATE!

COLLEGE & CAREER FAIR

OCTOBER 29TH, 2025



Save the date for our Biennial College and Career Fair to be hosted at H-D-CAL High School Gym!
Join us for this opportunity to allow students to explore and fill workforce positions!

MORE INFORMATION TO COME!